



SEX AND RELATIONSHIPS EDUCATION TRAINING CALENDAR

2018/2019

Welcome to our 2018/2019 sex and relationships training calendar

Tough Cookies Education is committed to providing good quality, age appropriate, sex and relationship education for children and young people.

We deliver a range of sex and relationships training to support the CPD of teachers, school nurses, youth workers and other educators working with children and young people.

Training is **FREE** for schools in the Tameside area, as part of our commissioned work. Please check the training calendar to see which courses are available. They will be marked with *Free for TMBC Schools

Training can be booked through our Eventbrite page or via email using our booking form, which can be found on page 5 of this brochure. Please complete and email back to us to confirm your place.

Cancellations for these courses **MUST BE MADE IN WRITING** by email at least two weeks before the start date, otherwise, a cancellation fee of £50 will be charged per person.

Please contact bookings@toughcookiesed.co.uk for any further details.

For organisations outside of Tameside please contact us to learn more about our bespoke training days/courses and cost.



COURSES FOR PRIMARY SCHOOLS

TEACHING SRE WITH CONFIDENCE IN PRIMARY SCHOOLS

Teaching SRE with confidence in Primary Schools is a comprehensive and inclusive training day for teachers and other professionals delivering SRE in a primary school setting.



DESCRIPTION

The training develops your understanding of SRE in readiness for the new statutory guidance and includes an overview of the new, sex and relationships education, curriculum resource. The training explores SRE key topics and shares lesson plans and classroom activities.

The training day covers:

- The law and guidance around SRE
- Tips for teaching SRE with confidence
- Using the SRE resource in Primary Schools
- Assessment and evaluation

A copy of the resource will be available FREE of charge to those attending the training *1 per school

DATES/TIMES/LOCATION

- Monday 10th Sept 2018 10-2:30 pm at Greenside Children's Centre, Greenside Lane, Droylsden, M437RA - 20 places
- Thursday 20th Sept 2018 10-2:30 pm at Hyde Town Hall, Corporation Street, SK141AL - 20 places

PLEASE BOOK NOW BOOKINGS@TOUGHCOOKIESED.CO.UK OR VIA [EVENTBRITE](https://www.eventbrite.com)

SHORT COURSES FOR PRIMARY SCHOOLS

These courses for class teachers, school teaching staff and classroom assistants whose role it will be to deliver the SRE topic to their year group. The training is designed to support teachers to develop their skills, confidence and knowledge.

All of our short courses free to Tameside schools will run 10am -1pm from The Anthony Seddon Centre, 12 George Street, Ashton Under Lyne, OL6 6AQ.

ENGAGING PARENTS WITH SRE - ALL PRIMARY SCHOOL YEARS

Develop your partnership with parents and carers. This is essential to effective sex and relationship education

DATES: 8th October 2018 & 11th June 2019

SEXUALITY AND GENDER - YR 4/5/6

Raises awareness of terminology and shares good practice which promotes a diverse and inclusive classroom.

DATES: 12th November 2018 & 28th February 2019

THE DIGITAL WORLD (Includes modules from Thinkuknow Introduction Course) - YR 4/5/6

Apps, games, websites - we keep you up to date with the latest technologies, identifying any risk and sharing ways to manage the digital world safely.

DATES: 13th December 2018 & 11th March 2019

KEEPING CHILDREN SAFE - FEMALE GENITAL MUTILATION - YR 6

Raises awareness of terminology and shares good practice which promotes a diverse and inclusive classroom.

DATES: 10th January 2019

PERIODS, PERIOD - YR 4/5/6

The short course talks openly about periods, preparing teachers to talk comfortably to their students about this topic.

DATES: 20th March 2019 & 10th May 2019

THE PUBERTY TALK - YR 4/5/6

Prepares you to teach primary school pupils about puberty and growing up.

DATES: 3rd April 2019

CONSENT FOR KIDS - YR 4/5/6

Teaching consent to primary aged pupils can be done in a variety of ways, the course explores these ideas.

DATES: 2nd July 2019

KEEPING CHILDREN SAFE - SAFE TOUCH AND SECRETS YR 1/2/3

Prepares you to teach primary school pupils about puberty and growing up.

DATES: 23rd September 2019

COURSES FOR SECONDARY SCHOOLS

TEACHING SRE WITH CONFIDENCE IN SECONDARY SCHOOLS

Teaching SRE with confidence in Secondary Schools is a comprehensive and inclusive training day for teachers and other professionals delivering SRE in a secondary school setting.



DESCRIPTION

The training develops your understanding of SRE in readiness for the new statutory guidance and includes an overview of the new, sex and relationships education, curriculum resource. The training explores SRE key topics and shares lesson plans and classroom activities.

The training day covers:

- The law and guidance around SRE
- Tips for teaching SRE with confidence
- Using the SRE resource in Secondary Schools
- Assessment and evaluation

A copy of the resource will be available FREE of charge to those attending the training *1 per school

DATES

- Tuesday 18th September 2018 10am-2:30pm at Denton Festival Hall, Peel Street, Denton, M343JY

PLEASE BOOK NOW BOOKINGS@TOUGHCOOKIESED.CO.UK OR VIA [EVENTBRITE](#)

SHORT COURSES FOR SECONDARY SCHOOLS

These courses for class teachers, school teaching staff and classroom assistants whose role it will be to deliver the SRE topic to their year group. The training is designed to support teachers to develop their skills, confidence and knowledge. *All of our short courses free to Tameside schools will run 10am - 1pm from The Anthony Seddon Centre, 12 George Street, Ashton Under Lyne, OL6 6AQ.*

TEACHING SEXUAL HEALTH IN SCHOOLS - YR 8/9/10/11

This course is ideal for teachers that will deliver condom and contraceptive choice lessons with young people. The training keeps teachers up to date about sexually transmitted infections, youth trends and includes Fraser guidelines and confidentiality. **DATES: 22nd October 2018**

TALKING WITH TEENS ABOUT PUBERTY AND PERIODS AND SEX - YR 7

Get confident and feel ready to have the discussion with teens about how and why their body changes during puberty. Menstruation and sexual intercourse. **DATES: 26th November 2018**

TALKING WITH TEENS ABOUT SEXTING AND ONLINE -YR 7/8/9

Covers the laws around sexting and keeps teachers up to date with trends in technology. Includes online grooming and awareness of CEOP. (Includes modules from Thinkuknow Introduction Course) **DATES: 24th January 2019**

TEACHING TEENS ABOUT HEALTHY RELATIONSHIPS AND SEX - YR 7/8/9

Learning about healthy relationships is one of the most important aspects of SRE. The lesson develops skills and knowledge about this topic and also explores peer pressure and delaying sexual activity. **DATES: 7th February 2019**

TALKING WITH TEENS ABOUT SEX, PORN AND THE MEDIA YR 9/10/11

This training provides teachers with the opportunity to explore these topics and supports teachers to develop their skills to deliver this sensitive aspect of the curriculum. **DATES: 24th May 2019**

TALKING GENDER DIVERSITY AND SEXUALITY WITH TEENS - ALL YEARS

Feel confident that you can provide an inclusive and diverse learning environment. Explore the language and terms relating to sexuality and gender. Keep up to date with key guidance and legislation regarding LGBT in schools. **DATES: 4th June 2019**

ENGAGING PARENTS WITH SRE - ALL YEARS.

Develop your partnership with parents and carers. This is essential to effective sex and relationship education. **DATES: 9th July 2019**

TALKING CONSENT WITH TEENS - ALL YEARS

The course teaches the laws around consent and equips teachers with the confidence to explore this topic openly with young people. Also includes information about child sexual exploitation and sexual harassment in schools. **DATES: 9th September 2019**

TOUGH COOKIES EDUCATION TRAINING - BOOKING FORM

Fields marked with an asterisk * are required.

Training Course Title*

Training Date*

Full Name*

Job Title*

Organisation*

Address*

Postcode*

Telephone*

Email*

How did you hear about this course?

Any other requirements/ anything you would like to tell us

